Senate Benefits and Welfare Committee  
University of Pittsburgh  

Minutes of January 11, 2011 Meeting  

9:00-10:30am, A219A Langley Hall (Executive Conference Room)  

Attendees: James Holland, Sandra Founds, Judith Lave, Lara Putnam, Mark Scott, Irene Kane, Emilia Lombardi, Linda Rinaman, Elsa Strotmeyer, Elizabeth Richey, Sunny Fulton, Nancy Gilkes, Harvey Wolfe, John Kozar, Ronald Frisch, Andy Blair  

Guests: John Jakicic (Dept. of Health and Physical Activity); Tom Drennan, Val Jamison, and Stephanie Fudurich (UPMC Health Plan); Deborah Brake and Tony Bauer (Univ. Senate Committee on Anti-discriminatory Policies)  

Absent: Yong Li, Robert Robertson, Alan Meisel, Angelina Riccelli  

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<tr>
<th>Topic</th>
<th>Discussion</th>
<th>Action to be Taken</th>
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<td>Call to Order</td>
<td>L. Rinaman, chair, called the meeting to order at 9:03 AM</td>
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<td>Committee Business</td>
<td>Minutes from 12/14/10 meeting were approved</td>
<td>Approved minutes will be posted to Senate website</td>
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| Benefits Office Report (J. Kozar) | Reducing optional life insurance rates by 15%  
Weight race registration now in progress: Two options to support weight loss:  
1) Weight Watchers, and 2) Weigh to Wellness (a UPMC HP product)  
Benefits is preparing for the spring open enrollment. The Medical Advisory Committee has been formed and will meet sometime in February. |  |
| Linda Rinaman | Nearing end of 3-year term on this committee, will no longer be chair after 2011 | Need an elected member to consider becoming the new committee chair |
| John Jakicic, Chair, Dept. of Health and Physical Activity, and Director, Physical Activity and Weight Management Research Center | University Club benefits update  
Fitness center serves 75-100 members per day not including weight management participants; total 300 club members  
Fitness center is now 2 yrs old; includes a popular weight management program that is now one year old; no-cost personal trainers (students) for fitness members  
Campus wellness program: seeking linkage with other campus programs  
Classes offered  
Space and funding issues  
Limitations to advertising | Contact Jim Earl and Ed Shireker [sp?] for suggestions |
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<th><strong>Open weekdays 6am-7pm</strong></th>
<th>UPMC HP provided a review of the FY10 plan year wellness data. The explanation included participation in key preventive exams and overall activity related to wellness visits and utilization of wellness services including health coaching. John Kozar and Ron Frisch reminded the B&amp;W committee about keeping the information confidential. While the data itself is reported on in many forms, it could easily be misinterpreted. Health care reform changes evolving in relation to Health Plan</th>
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| **Other Business:** Deborah Brake and Tony Bauer (Univ. Senate Committee on Anti-discriminatory Policies) – formation of working group to study potential discrimination issue related to current UPMC Health Plan exclusion of coverage | Medical exclusion in UPitt’s UPMC coverage
Considerations for discussions; does our committee want to be involved in the discussions by forming a joint working group – request two volunteers who are interested.
Proactive nondiscrimination policies for gender issues, transgender medical/surgical care. Language at issue; what benefits would UPitt pursue; what will UPMC cover? |
| **Adjournment** | L. Rinaman adjourned the meeting at 10:30 AM |

Reschedule to complete presentation due to time constraints today; committee members should make note of any further questions.

Working group will be formed for both committees to gather information on key issues; Emilia Lombardi and Elizabeth Richey volunteered to join as B&W committee reps.