I. Welcome/Introductions (Irrgang)

Attendance: Matt Darnell, Ciara Barry, Jay Irrgang, Dustin Gray, Jacques Bromberg, Babs Mowery, Dave DeJong, Chris Hoppe, Adam Soles, Katelyn Allison, Donna Nativio, Betsy Nagle, Mike Epitropoulos

II. Approval of December Minutes (Irrgang)

III. Performance Team Overview/Mental Health/Drug Testing (Chris Hoppe – Executive Associate AD Sport Administration and Student-Athlete Support Services & Tony Salesi – Executive Associate AD Coaches and Performance)

a. Tony Salesi started us off with a quick update on Performance Team Personnel, Team Physicians, Full-Time Staff, and University Training Facilities.

b. The presentation touched on various Athletic Training responsibilities including injury and illness prevention, immediate and emergency care, therapeutic intervention, and so on.

c. Athletic Department Mental Health Guidelines and self-referral to the University Counseling Center was also discussed. Tony explained the Counseling Center’s processes and the importance of following up with the Student-Athletes should they seek counseling.

d. The 2017 Revisions to the Alcohol & Drug Testing Policy were updated June 25, 2017:
   • Baseline Testing: Coaches have the opportunity within 7 days of arrival on campus to get a baseline Drug Test. The test will not count as positive, but if the testing indicates use of illicit drugs, the SA will be placed in counseling and begin regular testing.
   • 15ng level for positive test
   • Self-referral cannot be done if SA has received text/email indicating they are subject to testing.
• Signed Team rules can be used if harsher than Alcohol/Drug policy penalties to SA’s; however, they must be applied equitably to the SAs.
• Alcohol violations that involve a conviction or pleads guilty to any drug or alcohol related laws will be considered violations of policy.

e. NCAA Exceptions
• Exceptions will be made for those with documented medical history demonstrating need for treatment
• NCAA year-round testing may not test for street drugs or stimulants
• Testing for street drugs includes NCAA championship testing, and other tests such as exit tests, follow-ups, and suspected manipulation.

f. Pitt Policy
• All Student-Athletes are encouraged to enroll in the Sport & Drug class and earn a C- or better
• Any additional programs on Drug & Alcohol use are provided through our Life Skills program
• Subject to random testing at any time

g. Pitt – Screening will be conducted during the initial physical exam, the team’s initial day of official practice each year, prior to any post-season championship or event, at any time randomly selected, or as medically indicated.

h. Pitt – Violations – Sanctions following positive results:
• First violation: Complete follow-up education or counseling
• Second violation: Suspended for at least one or more of the teams’ games/competition and complete assessment, counseling or education
• Third violation: Suspended from all team competitions for one calendar year and complete additional assessment and education/counseling; financial aid may be terminated for next year.
• Fourth violation: Removed from team and all financial aid terminated.

IV. Mission Statement Discussion & Update (Irrgang)
V. NCAA Convention Update – Time Permitting (Dustin Gray)
VI. Other Business
VII. Next Meeting: Tuesday, February 27th at 11:00 am